**Javelin 2015 Geezer Cruise Meal Plan**

*(All subject to change at the whim of the crew or the weather.)*

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| **Date** | **Depart** | **Breakfast** | **Lunch** | **Arrive** | **Dinner** | **Cnt.** | **Notes** |
| Sun 8/9 |  |  |  |  | Ashore |  | Crew: SDB, RVM, PW, Jess GregoryRVM arrives Saturday |
| Mon 8/10 | Westbrook(By Noon after last shopping) | (Ashore) | Sandwiches | Block Island | AboardSteak, Mashed Potatoes & Peas (Blueberries dessert) | 4 |  Depart 1200 hours or earlier. |
| Tues 8/11 | Block | Oatmeal | 5 Bean Soup with Kilbasa | Edgartown | AboardPaul’s Lasagna & Salad  | 4 |  |
| Wed 8/12 | Edgartown | Eggs & Smokies with Orange slices | Sandwiches(Including BP&J)Oreos | Edgartown | Ashore | 4 | Day sail with guests(Possible reprovisioning?)Field Club Boathouse |
| Thurs 8/13 | Edgartown | Cereal & Fruit | Left over lasagna | Cuttyhunk | AboardLobsters from Dock shop. Cole slaw, biscuits; Blueberries, Oreos, whipped cream | 8 | Meet up with Jay & Hasty & grandchildren 8 & 10 on J-37 |
| Fri 8/14 | Cuttyhunk | French Toast & fruit | Paul’s Chili & Rice | NewportNYYC Mooring | Ashore | 4 |  |
| Sat 8/15 | Newport | Oatmeal | Sandwiches | NewportNYYC Mooring | AboardChicken (on grill) & Mixed Veg. | 4 |  |
| Sun 8/16 | Newport | Omelet & English Muffins | Chicken Chow Mein | Mystic | Ashore: Latitude 41 | 4 | Luskins join for dinner. |
| Mon 8/17 | Mystic | Cereal & Fruit | Sandwiches | Dering HarborShelter Is. | AboardSpaghetti & Meatballs with salad | 4 | Meet Millers in Three Mile Harbor? |
| Tues 8/18 | Dering Harbor | Pancakes & Kilbasa | Chicken Noodle & Rice soup; oyster crackers | Sag or Orient or Peconic | Pork Chops & Broccoli(or ashore) | 4 |  |
| Wed 8/19 | Sag or Orient or Paconic | Oatmeal | Sandwiches(or leftovers) | Westbrook | Ashore  | 4 | RVM departs |

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**Meal Plan**

**9 Breakfasts – 9 for 4 people**

1-2 Cereal, (with optional bananas/berries)

1-3 Oatmeal (with Raisins/Cranberries)

1-2 Eggs / Scrambled (with Kielbasa, hash brown, onions, celery & Biscuits or Muffins)

0-1 Pancakes & Canadian Bacon

1 French Toast, (with Little Smokies & Orange slices)

Orange or Cranberry Juice / Coffee / Tea

**10 Lunches – 10 for 4 people aboard (possibly 1 for 6 if H&R day sail on 8/15)**

1 Paul’s left over Lasagana

5 Sandwiches, (Turkey, Ham, Roast Beef, with Swiss, Lettuce, Tomato & Onion on Rye or Wheat Bread)

1 Paul’s Chili over rice

1 5 Bean Soup, (with Kilbasa & Oyster Crackers)

1 Chicken Noodle & Rice soup, oyster crackers

1 Chinese Chicken Chow Mein Lunch

**10 Dinners – 4 Ashore; 6 Aboard - 4-5 for 4 people, 1 for 8 people; possible 1 for 6 people**

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1. Steak, Mashed Potatoes & Peas – Mon, 8/10, Block I.

1 Paul’s Lasagna & Salad - Tues, 8/11 Edgartown

 Ashore Wed, 8/12 Edgartown

1 Lobsters, Coleslaw, Oreos, Blueberries & Whipped cream (for 8) Thurs, 8/13 Cuttyhunk

 Ashore Fri, 8/14 NYYC

1 Chicken & Mixed Veg + Dinner Rolls – Sat, 8/15 Newport

 Ashore Sun, 8/16 Mystic

1 Spaghetti & Meatballs, & Salad – Mon, 8/17 Dering Harbor or Three Mile Harbor

1 Pork Chops & Frozen Broccoli, Apple Sauce – Tues 8/18 Sag/Orient/Peconic

Ashore Wed, 8/19 Scarsdale

**Other:**

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|  | Cookies, Triscuit, Pretzels, Nuts | Cheese | Olives, Pickles, Carrots |
| Dried Fruit | Coffee, Hot Chocolate | Sardines, (with Crackers) | Limes |
| Diet Coke | Diet sweetened Iced Tea Cans | ~~Raspberry Danish Twist~~ |  |

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| [Super Stop & Shop - #0652](http://www.stopandshop.com/our_stores/locator/store_details.htm?storeNumber=0652&storeType=GROCERY&groceryStoreMiles=10&gasStationMiles=10) 215 East Main StreetClinton, CT 06413860-669-2228 0600-2400 |

**Javelin 2015 Geezer Cruise**

Aug 10th to August 19th.

 Monday Aug 10th - depart for Block Island (40 miles)

Tuesday Aug. 11th – Edgartown (58 miles)

Wednesday Aug 12th - Edgartown

Thursday Aug 13th – Cuttyhunk (27 miles)

Friday Aug 14th – Narragansett Bay (38 miles) Harbor Court

Saturday Aug 15th – Narragansett Bay – Harbor Court

Sunday Aug 16th – Mystic (38 miles)

Monday Aug 17th – Dering Harbor (27 miles) or Three Mile Harbor

Tuesday Aug 18th – Sag Harbor or Orient Harbor

Wednesday Aug 19th – Westbrook (20 miles)

SDB (Steve Blecher) cell: 914-282-6520; HJ (Hank Jonas) cell:203-240-5873

MBC (Mel Converse) cell: 703-203-5544;

BSK (Brian Klinger) cell: 603-498-1072; Home: 603-964-6235;

RVM (Rick Van Mell) home: 650-962-1515; cell: 650-793-9075

Paul Wharton cell: 914-589-3068;

Jess Gregory: 201-452-2834jess.gregory@gmail.com

Block Island Boat Basin 401-466-2631 (Off Season 401-294-3361) Dead Eye Dick’s 466-2654

 Harbormaster: Steve Land 401-466-3204 (12)

Conanicut Marina, Jamestown, RI 401-423-7158 (May Munger)

Stonington Harbor YC 860-535-0112 (Kim, Scott Johnson, John Stewart x111)(78)

Jay & Hasty Evans Home: 603-863-3311; cell: 508-361-5318 or 508-361-9318

Bristol, RI, Herreshoff Museum 401-253-5000 (Bill Knowles)(Brad Goff, ext101)

NYYC Harbor Court  401-846-1000 Michael Reardon, Kathy McPherson (Navette 74)

Block Island Boat Basin 401-466-2631 (Off Season 401-294-3361) Dead Eye Dick’s 466-2654

Conanicut Marina, Jamestown, RI 401-423-7158 (May Munger)

Cuttyhunk: Capt . George Isabel, harbormaster 508-971-1388 VHF:9

**Mystic** Seaport Dock Office 860-572-5391 (68) Docks@mysticseaport.org (Len Sawyer) (Chris Freeman)

 Bridge @ 40 mins after the hour (9)(13)